

## **What should I do when my child plays one adult against the other?**

Establish a rule about going from one adult to another when asking for permission to do something. Explain the reason you are denying your child's request immediately after telling them "No." Reward your child for following this rule by saying "Thank you for not asking your Dad, after I told you no."

Do not allow your child to go from one adult to another when asking for something. If this happens, say "William, I told you that you could not have a snack and now you are asking your father for one. The next time you ask for something and are given an answer, you are not to go to another adult. If this happens again, you will lose your TV privileges for two days." Be consistent and do not discipline them one time and ignore the behavior the next time.

Make sure you support decisions that are made by other adults. Do not send your child to another adult if you do not want to make a decision, tell them to let you think about it and to come back in 15 minutes.

Remember that what your child tells you about things other adults do or say may be taken out of context by your child. Check with other adult before drawing a conclusion. Make certain your child knows that you will communicate with other adults concerning the decisions that were made regarding your child's requests.